Dark energy instabilities induced by gravitational waves

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P. Creminelli, G. Tambalo, F. Vernizzi and VY, JCAP 05 (2020) 002

August 20th, 2020

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August 20th, 2020

- Universe undergoes accelerating expansion \implies Many models of dark energy (DE) e.g. Quintessence, $\mathcal{P}(X)$, (beyond) Horndeski, etc.
- \bullet Gravitational wave (GW) observations \implies New test of GR and modified gravity theories
- Use GW propagation (LIGO/Virgo) to constrain those DE models

• One extra scalar field:

$$\mathcal{L} = R - \frac{1}{2}X - V(\phi) \qquad \text{Quintessence}$$

$$\mathcal{L} = f(\phi)R - \frac{1}{2}X - V(\phi) \qquad \text{Brans-Dicke}$$

$$\mathcal{L} = R - \mathcal{P}(\phi, X) \qquad \text{k-essence}$$

 $X = g^{\mu\nu} \partial_{\mu} \phi \partial_{\nu} \phi$

Scalar fluctuation: $\phi = \phi_0(t) + \pi(t, \mathbf{x})$ leads to a sound speed c_s

$$X^2 \supset \phi_0^2(t) \dot{\pi}^2 \implies \mathcal{L}_{\pi} \sim \dot{\pi}^2 - c_s^2 (\partial_i \pi)^2$$

Dark enery models: Scalar-tensor theories

• Most general scalar-tensor theories with 2nd order EoM: (Beyond) Horndeski

$$\begin{split} \mathcal{L}_{2} &= G_{2}(\phi, X) \\ \mathcal{L}_{3} &= G_{3}(\phi, X) \Box \phi \\ \mathcal{L}_{4} &= G_{4}(\phi, X) R - 2G_{4,X}(\phi, X) [(\Box \phi)^{2} - \phi_{\mu\nu}\phi^{\mu\nu}] \\ &- F_{4}(X, \phi) \epsilon^{\mu\nu\rho}{}_{\sigma} \epsilon^{\mu'\nu'\rho'\sigma} \phi_{\mu}\phi_{\mu'}\phi_{\nu\nu'}\phi_{\rho\rho'} \\ \mathcal{L}_{5} &= G_{5}(\phi, X) G_{\mu\nu}\phi^{\mu\nu} + \frac{1}{3} G_{5,X}(\phi, X) [(\Box \phi)^{3} - 3(\Box \phi)\phi_{\mu\nu}\phi^{\mu\nu} + 2\phi_{\mu\nu}\phi^{\sigma\mu}\phi^{\nu}{}_{\sigma}] \\ &- F_{5}(\phi, X) \epsilon^{\mu\nu\rho\sigma} \epsilon^{\mu'\nu'\rho'\sigma'}\phi_{\mu}\phi_{\mu'}\phi_{\nu\nu'}\phi_{\rho\rho'}\phi_{\sigma\sigma'} \end{split}$$

 $\phi_{\mu} \equiv \nabla_{\mu}\phi$

Horndeski 74, Deffayet et al. 11,

Zumalacárregui and García-Bellido 14, Gleyzes et al. 14

- \bullet The cosmological background $\phi_0(t)$ spontaneously breaks Lorentz invariance
- \bullet Interesting phenomena for tensor perturbation γ_{ij} from second derivatives

For example

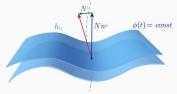
$$(\nabla_{\mu}\nabla_{\nu}\phi)^2 \supset \dot{\phi}_0^2 \dot{\gamma}_{ij}^2$$

$$\mathcal{L}_{\gamma} \sim \dot{\gamma}_{ij}^2 - c_T^2 (\partial_l \gamma_{ij})^2$$

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EFT of Dark Energy

- Efficient way to study a perturbation around fixed background
- Spontaneously break time diffeomorphism



$$ds^{2} = -N^{2}dt^{2} + h_{ij}(N^{i}dt + dx^{i})(N^{j}dt + dx^{j})$$
$$S = \int d^{4}x \sqrt{-g} \ L[t; N, K_{j}^{i}, {}^{(3)}R, \ldots] \qquad g^{00} = -N^{-2}$$

• The action contains all possible invariances under 3d diffs

Cheung et al. 08, Gubitosi et al. 12, and many others

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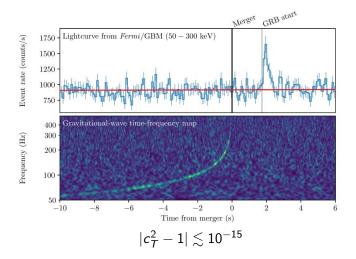
EFT of Dark Energy

$$\begin{split} S^{\text{EFT}} &= \int d^4 x \sqrt{-g} \left[\frac{M_*^2}{2} f(t)^{(4)} R - \Lambda(t) - c(t) g^{00} \right. \\ &+ \left. \frac{m_2^2(t)}{2} (\delta g^{00})^2 - \frac{m_3^3(t)}{2} \delta \mathcal{K} \delta g^{00} - m_4^2(t) \delta \mathcal{K}_2 + \frac{\tilde{m}_4^2(t)}{2} \delta g^{00(3)} R \right. \\ &- \left. \frac{m_5^2(t)}{2} \delta g^{00} \delta \mathcal{K}_2 - \frac{m_6(t)}{3} \delta \mathcal{K}_3 - \tilde{m}_6(t) \delta g^{00} \delta \mathcal{G}_2 - \frac{m_7(t)}{3} \delta g^{00} \delta \mathcal{K}_3 \right] \end{split}$$

This term changes the speed of GWs

$$\begin{split} \delta \mathcal{K}_2 &= \delta \mathcal{K}^2 - \delta \mathcal{K}^{\mu}_{\nu} \delta \mathcal{K}^{\nu}_{\mu} \supset \dot{\gamma}^2_{ij}, \qquad \delta \mathcal{K}^{\mu}_{\nu} = \mathcal{K}^{\mu}_{\nu} - \mathcal{H} \delta^{\mu}_{\nu} \\ \delta \mathcal{G}_2 &= \delta \mathcal{K}^{\mu}_{\nu}{}^{(3)} \mathcal{R}^{\nu}_{\mu} - \delta \mathcal{K}^{(3)} \mathcal{R}/2 \\ \delta \mathcal{K}_3 &= \delta \mathcal{K}^3 - 3\delta \mathcal{K} \delta \mathcal{K}^{\mu}_{\nu} \delta \mathcal{K}^{\nu}_{\mu} + 2\delta \mathcal{K}^{\nu}_{\mu} \delta \mathcal{K}^{\mu}_{\rho} \delta \mathcal{K}^{\rho}_{\nu} \end{split}$$

GW170817 = GRB170817A



LIGO/Virgo + Fermi/GBM + INTEGRAL 17 < 🗇 🕨

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EFT of DE after GW170817 & GRB170817A

• The speed of GWs can be expressed as

$$c_T^2 = 1 - rac{2m_4^2}{M_*^2 f + 2m_4^2}$$

• $c_T^2 = 1 \Rightarrow m_4^2 = 0$

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$$c_T^2 = 1 - rac{2m_4^2}{M_*^2 f + 2m_4^2}$$

•
$$c_T^2 = 1 \Rightarrow m_4^2 = 0$$

• The EFT action becomes

$$\begin{aligned} \mathcal{L}_{c_{T}=1}^{\text{EFT}} &= \frac{M_{\text{Pl}}^{2}}{2} f(t)^{(4)} R - \Lambda(t) - c(t) g^{00} + \frac{m_{2}^{2}(t)}{2} (\delta g^{00})^{2} - \frac{m_{3}^{3}(t)}{2} \delta \mathcal{K} \delta g^{00} \\ &+ \frac{\tilde{m}_{4}^{2}(t)}{2} \delta g^{00} (^{(3)} R - \delta \mathcal{K}_{2}) \end{aligned}$$

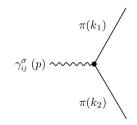
Creminelli and Vernizzi 17, Ezquiaga and Zumalacárregui 17, Baker et al. 17, Sakstein and Jain 17

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Pertubative decay of GWs due to \tilde{m}_4^2 -term

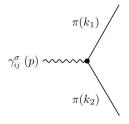
- Spontaneous breaking of Lorentz allows the decay
- \tilde{m}_4^2 : $\delta g^{00}({}^{(3)}R \delta \mathcal{K}_2) \Leftrightarrow$ Beyond Horndeski ($F_4 \& F_5$)



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• The interaction term:

$$S_{\gamma\pi\pi} = rac{1}{\Lambda_{\star}^3} \int d^4 x \ddot{\gamma}_{ij} \partial_i \pi \partial_j \pi ~,~ \Lambda_{\star}^3 \simeq \sqrt{2} rac{lpha}{lpha_{
m H}} \Lambda_3^3$$

 $lpha_H = 2 \tilde{m}_4^2 / M_{
m Pl}^2, \ \Lambda_3 = (M_{
m Pl} H_0^2)^{1/3}$

- The perturbative decay rate: $\Gamma_{\gamma \to \pi\pi} \simeq \left(\frac{\alpha_{\rm H}}{\Lambda_3^3}\right)^2 \frac{\omega^7 (1-c_s^2)^2}{480\pi c_s^7}$
- Creminelli et al. 18

Constraint from no pert. decay

- At LIGO/Virgo, take $\omega \sim \Lambda_3, \; \Lambda_3 \sim 10^{-13} \; {\rm eV}$
- Compare the decay rate with the cosmological distances $\sim H_0^{-1}$

$$rac{\Gamma_{\gamma
ightarrow\pi\pi}}{H_0}\sim 10^{20}lpha_{
m H}^2rac{(1-c_s^2)^2}{480\pi c_s^7}\lesssim 1$$

 $H_0 \sim 10^{-33} \ \text{eV}$

 $lpha_{
m H} \lesssim 10^{-10} \implies$ beyond Horndeski is highly constrained

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• Large occupation number of GWs \implies non-perturbative effect, resonant π -production ?

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Recap most general EFT action with $c_T^2 = 1$: $S = S_0 + S_{m_3} + S_{\tilde{m}_4}$

$$S_{0} = \int d^{4}x \sqrt{-g} \left[\frac{M_{\rm Pl}^{2}}{2} {}^{(4)}R - \lambda(t) - c(t)g^{00} + \frac{m_{2}^{4}(t)}{2} (\delta g^{00})^{2} \right]$$

$$S_{m_{3}} = -\int d^{4}x \sqrt{-g} \frac{m_{3}^{3}(t)}{2} \delta K \delta g^{00} \quad \text{Cubic Horndeski}$$

$$S_{\tilde{m}_{4}} = \int d^{4}x \sqrt{-g} \frac{\tilde{m}_{4}^{2}(t)}{2} \delta g^{00} \left({}^{(3)}R + \delta K_{\mu}^{\nu} \delta K_{\nu}^{\mu} - \delta K^{2} \right)$$

Quartic beyond Horndeski

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 $\delta g^{00} = 1 + g^{00}, \delta K^{\mu}_{\nu} = K^{\mu}_{\nu} - H \delta^{\mu}_{\nu}$

Classification of instabilities

•
$$\mathcal{L}_0 + \mathcal{L}_{m_3} = \frac{1}{2}\dot{\gamma}_{ij}^2 - \frac{1}{2}(\partial_k\gamma_{ij})^2 + \frac{1}{2}\dot{\pi}^2 - \frac{c_s^2}{2}(\partial_i\pi)^2 + \frac{1}{\Lambda^2}\dot{\gamma}_{ij}\partial_i\pi\partial_j\pi$$

• Treat GW as a classical background: $\gamma_{ij} = M_{
m Pl} h_0^+ \sin(\omega(t-z)) \epsilon_{ii}^+$

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• Treat GW as a classical background: $\gamma_{ij} = M_{\rm Pl} h_0^+ \sin(\omega(t-z)) \epsilon_{ii}^+$

 \bullet The Lagrangian of π reads

$$\mathcal{L}_{\pi}=rac{1}{2}\dot{\pi}^2-rac{c_s^2}{2}(1-oldsymbol{eta})(\partial_i\pi)^2$$

where

$$\beta = \frac{2\omega M_{\rm Pl} h_0^+}{c_s^2 |\Lambda^2|}, \quad \Lambda^2 \simeq -\frac{\alpha \Lambda_2^2}{\sqrt{2}\alpha_{\rm B}}, \quad \alpha_{\rm B} \equiv -\frac{m_3^3}{2M_{\rm Pl}^2 H}$$

 $\beta < 1$: Resonant instability \Rightarrow Not applicable for m_3 and improve bound for $\alpha_{\rm H}$ (Creminelli, Tambalo, Vernizzi and VY 19)

 $\beta > 1$: Gradient instability

Gradient/Ghost instabilities ($\beta > 1$)

• Let's consider

$$\mathcal{L}_{\pi} = \frac{1}{2} \left[\dot{\pi}^2 - c_s^2 (\partial_i \pi)^2 \right] + \frac{1}{\Lambda^2} \dot{\gamma}_{ij} \partial_i \pi \partial_j \pi + \dots$$
$$= \frac{1}{2} \dot{\pi}^2 - \frac{c_s^2}{2} (1 - \beta) (\partial_i \pi)^2 + \text{NL self-couplings} + \text{Source terms}$$

Generally, this leads to the gradient instability of π .

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Generally, this leads to the gradient instability of π .

- Can the non-linearity quench the instability ?
- \bullet Study the stability at NL level with the bg. of π induced by GWs

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 \bullet Consider a generic Lagrangian for π

$$\mathcal{L}_{\pi} \xrightarrow{\pi = \hat{\pi} + \delta \pi} \mathcal{L}_{\delta \pi} = Z^{\mu
u}(x) \, \partial_{\mu} \delta \pi \partial_{
u} \delta \pi$$

• Free of instability \Rightarrow Conditions on $Z^{\mu
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- Free of instability \Rightarrow Conditions on $Z^{\mu
 u}$
- Absence of ghost: $Z^{00} > 0$
- Absence of gradient: $Z^{0i}Z^{0j} Z^{ij}Z^{00}$ positive definite

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- Absence of ghost: $Z^{00} > 0$
- Absence of gradient: $Z^{0i}Z^{0j} Z^{ij}Z^{00}$ positive definite
- \bullet Cubic Galileon w/o GWs: no ghost/gradient inst. for non-relativistic source (Nicolis and Rattazzi 04)

Instability in the presence of GWs

• The Lagrangian for π now is

$$\mathcal{L} = -\frac{1}{2}\bar{\eta}^{\mu\nu}\partial_{\mu}\pi\partial_{\nu}\pi - \frac{1}{\Lambda_{\rm B}^3}\Box\pi(\partial\pi)^2 + \frac{1}{\Lambda^2}\dot{\gamma}_{ij}\partial_i\pi\partial_j\pi + \frac{\Lambda_{\rm B}^3}{2\Lambda^4}\pi\dot{\gamma}_{ij}^2$$

 $ar\eta_{\mu
u}\equiv {\sf diag}(-1,c_s^2,c_s^2,c_s^2)$, The parameter $eta\sim\dot\gamma_{ij}/\Lambda^2>1$

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Instability in the presence of GWs

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 $ar\eta_{\mu
u}\equiv {\sf diag}(-1,c_s^2,c_s^2,c_s^2)$, The parameter $eta\sim\dot\gamma_{ij}/\Lambda^2>1$

• $\pi = \hat{\pi} + \delta \pi$. The kinetic matrix $Z^{\mu\nu}$ for $\delta \pi$ is

$$Z^{\mu
u} \equiv -rac{1}{2}ar\eta^{\mu
u} - 2\left(\mathcal{K}^{\mu
u} - \eta^{\mu
u}\mathcal{K}
ight) + rac{\dot{\gamma}_{\mu
u}}{\Lambda^2} , \quad \mathcal{K}_{\mu
u} = -rac{1}{\Lambda_{
m B}^3}\partial_\mu\partial_
u\hat{\pi}$$

• The EoM for $\hat{\pi}$ is

$$\bar{\Box}\hat{\pi} - \frac{2}{\Lambda_{\rm B}^3} \left[(\partial_{\mu}\partial_{\nu}\hat{\pi})^2 - \Box\hat{\pi}^2 \right] - \frac{2}{\Lambda^2} \dot{\gamma}_{\mu\nu} \partial^{\mu} \partial^{\nu}\hat{\pi} - \frac{\Lambda_{\rm B}^3}{2\Lambda^4} \dot{\gamma}_{\mu\nu}^2 = 0$$

Instability in the presence of GWs with $c_s < 1$

- Assume that $\gamma_{\mu\nu} = \gamma_{\mu\nu}(u)$
- One can solve the EoM for $\hat{\pi}$ analytically

$$\hat{\pi}^{\prime\prime}(u)=-rac{\Lambda_{
m B}^3\dot{\gamma}_{\mu
u}^2}{2(1-c_s^2)\Lambda^4}$$

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Instability in the presence of GWs with $c_s < 1$

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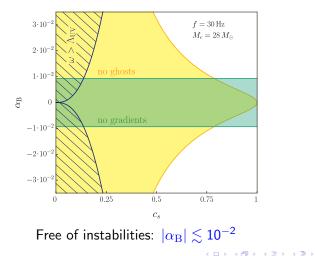
• The components of $Z^{\mu
u}$ are

$$Z^{00} = \frac{1}{2} + 2\frac{\hat{\pi}''(u)}{\Lambda_{\rm B}^3}, \quad Z^{03} = Z^{30} = 2\frac{\hat{\pi}''(u)}{\Lambda_{\rm B}^3}, \quad Z^{33} = -\frac{1}{2}c_s^2 + 2\frac{\hat{\pi}''(u)}{\Lambda_{\rm B}^3}$$
$$Z^{11} = -\frac{1}{2}c_s^2 + \frac{\dot{\gamma}^{11}}{\Lambda^2}, \quad Z^{22} = -\frac{1}{2}c_s^2 + \frac{\dot{\gamma}^{22}}{\Lambda^2}$$

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Phenomenological consequences

- Free of gradient int.: $Z^{11}, Z^{22} < 0 \Rightarrow \beta < 1$
- Free of ghost int.: $Z^{00} > 0 \Rightarrow \beta^2 < (1 c_s^2)c_s^{-4}$



Fate of the instability

- The instabiliy occurs: the fluctuation grows at rate of the cutoff
- What happens next to the instability relies on the UV completion, so does the fate of $\gamma_{\mu\nu}$

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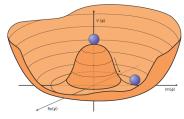
Fate of the instability

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- \bullet What happens next to the instability relies on the UV completion, so does the fate of $\gamma_{\mu\nu}$

• $\mathcal{L}_{IR} = \mathcal{P}(X)$ with constant X background \Rightarrow Ghost + gradient inst.

•
$$\mathcal{L}_{UV} = -|\partial \phi|^2 - \lambda (|\phi|^2 - v^2)^2$$

 $\phi = \phi_0 e^{i\pi}, \langle \phi_0 \rangle = v^2 - \frac{\chi}{2\lambda},$
 $X = (\partial \pi)^2$



Ellis, et al. 15

All the modes are stable in the UV theory

- Perturbative/Resonant decays of GWs \Rightarrow a strong bound on quartic beyond Horndeski ($\alpha_{\rm H})$

- Ghost/Gradient instabilities of π in GWs bg. \Rightarrow a bound on Cubic Horndeski ($\alpha_{\rm B})$

-The surviving scalar-tensor theory: $g_{\mu
u}
ightarrow C(\phi,X)g_{\mu
u}$

$$\mathcal{L} = G_2(\phi, X) + C(\phi, X)R + \frac{6C_{,X}(\phi, X)^2}{C(\phi, X)}\phi^{;\mu}\phi_{;\mu\nu}\phi_{;\lambda}\phi^{;\nu\lambda}$$

- Fate of instability relies on the UV completion

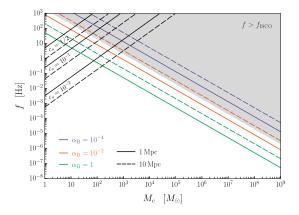
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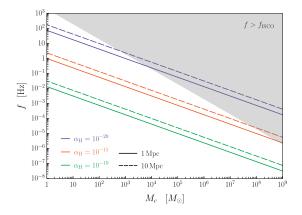
Gradient-instability lines $\alpha_{\rm B}$



- Gradient-instability lines, $\beta = 1$, for different value of $\alpha_{\rm B}$ as a function of M_c of the binary system
- The black lines indicate frequencies $\omega > \Lambda_{\rm UV}$

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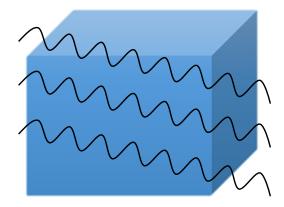
Gradient-instability lines $\alpha_{\rm H}$



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- The black lines indicate frequencies $\omega > \Lambda_{\rm UV}$

Dark enery models

Extra scalar field: Lorentz violating medium $\Rightarrow c_T \neq 1$



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Perturbative decay of GWs due to m_3^3 -term

- m_3^3 : $\delta K \delta g^{00} \Leftrightarrow$ Cubic Horndeski G_3
- The interaction term:

$$S_{\gamma\pi\pi} = rac{1}{\Lambda^2} \int d^4 x \dot{\gamma}_{ij} \partial_i \pi \partial_j \pi ~,~\Lambda^2 = -rac{lpha}{\sqrt{2}lpha_{
m B}} \Lambda_2^2$$

 $\alpha_{\rm B}\equiv -m_3^3/2M_{\rm Pl}^2H$

• The perturbative decay rate

$$\Gamma_{\gamma \to \pi\pi} \simeq \left(\frac{\alpha_B}{\Lambda_2^2}\right)^2 \frac{\omega^5 (1-c_s^2)^2}{480\pi c_s^7}$$

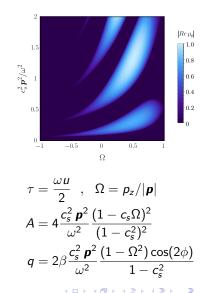
 $\Gamma/H_0 \lesssim 1 \Rightarrow |lpha_{
m B}| \lesssim 10^{10}$, $\Lambda_2 \sim 10^{-3}~{
m eV}$

Resonant decay of GWs

• In Fourier space f_p satisfies the Mathieu eq.

$$\frac{\mathrm{d}^2 f}{\mathrm{d}\tau^2} + [A - 2q\cos(2\tau)]f = 0$$

- $f_p \sim e^{\mu_k \tau}$
- the exponent $\mu \sim \beta$ for $\beta < 1$ (Narrow resonance)
- \bullet Need \sim 700 cycles to reach $\rho_{\pi}\sim\rho_{\gamma}$



Resonant decay of GWs

• EoM of π for \tilde{m}_4^2 -operator

$$\ddot{\pi} - c_s^2 \partial^2 \pi - \beta \sin(\omega(t-z))(\partial_x^2 - \partial_y^2)\pi = 0$$

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Resonant decay of GWs

• EoM of π for \tilde{m}_4^2 -operator

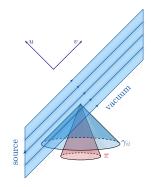
$$\ddot{\pi} - c_s^2 \partial^2 \pi - \beta \sin(\omega(t-z))(\partial_x^2 - \partial_y^2)\pi = 0$$

• Light-cone coord.

$$rac{\mathrm{d}^2 f}{\mathrm{d} au^2} + [A - 2q\cos(2 au)]f = 0$$

 $\pi(u, ilde{m{x}}) \sim \int e^{i ilde{m{p}}\cdot ilde{m{x}}} f_{ ilde{m{p}}}(u) \hat{a}_{ ilde{m{p}}} + \mathrm{h.c.}$

• $f_p \sim e^{\mu_k \tau}$, $\mu \sim \beta < 1$ (Narrow resonance)



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- Modification of GWs signal: $\Delta \gamma_{ij} \sim -A \exp(\beta \omega u/4) \epsilon^+_{ij}$
- Effect of G_4 (Quartic Galileon), $\Lambda_c^6 \sim \Lambda_3^6/(\alpha_{\rm H} c_s^4)$ for $m_3^3 = 0$

$$G_4 = \frac{1}{\Lambda_c^6} (\partial \pi)^2 [(\Box \pi)^2 - \pi_{\mu\nu} \pi^{\mu\nu}] \sim \frac{1}{\Lambda_\star^3} \ddot{\gamma}_{ij} \partial_i \pi \partial_j \pi$$

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- Modification of GWs signal: $\Delta \gamma_{ij} \sim -A \exp(\beta \omega u/4) \epsilon^+_{ij}$
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We obtain

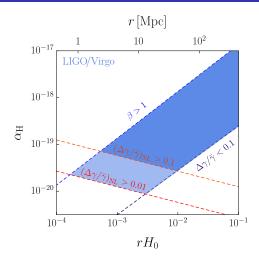
$$rac{\Delta\gamma}{ar\gamma}\lesssim (eta {\sf N}_{
m cyc})^{3/2}({\it rH}_0)^2\equiv \left(rac{\Delta\gamma}{ar\gamma}
ight)_{\it NL}$$

Dark energy instabilities induced by gravitational waves

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Observational signature for \tilde{m}_4



 $f = 30 \text{ Hz}, M_c = 1.2 M_{\odot}$ GW170817, 40 Mpc $(rH_0 \sim 5 \cdot 10^{-3})$

perturbative bound: $\alpha_{\rm H} \lesssim 10^{-10}$

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What about the resonant effect from m_3^3 -term ?

• One can run the same procedure with $m_3^3 \delta K \delta g^{00}$

$$m_3^3 \delta K \delta g^{00} \supset \frac{1}{\Lambda^2} \dot{\gamma}_{ij} \partial_i \pi \partial_j \pi , \quad \Lambda^2 \simeq - \frac{\alpha \Lambda_2^2}{\sqrt{2} \alpha_{\rm B}}$$

 $lpha_{
m B} \equiv -m_3^3/(2M_{
m Pl}^2H), \ eta = 2\omega M_{
m Pl}h_0^+/(c_s^2|\Lambda^2|), \ \Lambda_2 \sim 10^{-3} \ {
m eV}$

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• Once the resonance happens (eta < 1), the cubic self-interaction quickly becomes important

$$G_3 \sim rac{1}{\Lambda_{\mathrm{B}}^3} \Box \pi \left(\partial_i \pi \right)^2 , \quad \Lambda_{\mathrm{B}}^3 \sim \alpha_{\mathrm{B}}^{-1} \Lambda_3^3$$

• No sizable effect on GWs signal: $\Delta\gamma/\bar{\gamma}\ll 1$

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• No sizable effect on GWs signal: $\Delta\gamma/\bar{\gamma}\ll 1\Rightarrow$ Need to study $\beta>1$

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• Suppose $\hat{\pi}$ is generated by a non-relativistic astrophysical object. The object possibly gives a large kinetic matrix Z for $\delta\pi$ and healthy (shown by Nicolis & Rattazzi) within r_V (~ kpc). One sees that within this region the coupling $\delta\pi T$ is suppressed and GR is recovered at small scales (non-linear).

• Can this happen to the instability induced by GWs ? Suppose again $\hat{\pi}$ is sourced by an astrophysical object. $\delta\pi$ seems to acquire a large Z. The parameter β of $\gamma\pi\pi$ seems to get suppressed due to a large Z and the instability might be stopped by this screening mechanism. But this is not the case for the GWs traveling over the cosmo. distances (\gg the typical r_V) since at large distances one expects the linear perturbation theory is recovered, so that the Vainshtein mechanism is negligible. Hence, the argument of having large Z to suppress the instability is not applicable in the presence of GWs traveling over cosmo. distances and the instability still remains active.

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• Once the instability happens, a huge amount is damped into π 's until their backreaction stops the instability. Now it's quite hard to imagine the new π state will resemble to the original one and make the same predictions. We expect the unstable π 's at some point make the thoery healthy again but this would affect the other predictions of the theory.

• It might be that EFT breaks down at instability and one cannot make prediction unless UV is known. But the frequency of π 's can be as low as 10^{10} km that means the small scale experiment cannot be explained by this EFT.

Instability of plane wave $\hat{\pi}$

- Let $\hat{\pi} = Af(u)$ (consider u-direction)
- $\Box \hat{\pi}(u) = -4 \partial_u \partial_v \hat{\pi}(u) = 0$
- $\partial_t^2 \hat{\pi}(u) = Af''(u), \ \partial_z^2 \hat{\pi}(u) = Af''(u), \ \partial_t \partial_z \hat{\pi}(u) = -Af''(u)$
- Without GWs: $Z^{\mu\nu} \equiv -\frac{1}{2}\eta^{\mu\nu} 2(\mathcal{K}^{\mu\nu} \eta^{\mu\nu}\mathcal{K})$, we have

$$Z^{00} = \frac{1}{2} + 2\frac{Af''(u)}{\Lambda_{\rm B}^3} , \quad Z^{33} = -\frac{1}{2} + 2\frac{Af''(u)}{\Lambda_{\rm B}^3} , \quad Z^{03} = 2\frac{Af''(u)}{\Lambda_{\rm B}^3}$$

 $Z^{11} = Z^{22} = -1/2$

- Ghost: $Z^{00} < 0 \Rightarrow A f'' < -\Lambda_{\rm B}^3/4$.
- No gradient: $Z^{11}, Z^{22} < 0$ and $(Z^{03})^2 Z^{33}Z^{00} = 1/4 > 0$
- Non-diagonalizable $Z^{\mu\nu}$: $2|Z^{03}| = |Z^{00} + Z^{33}|$ (avoid the theorem)

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Observational signature for \tilde{m}_4

- \bullet For a binary system ($\textit{M}_{c}, f, r)$: $\textit{h}_{0}^{+} \sim 10^{-3}/(\textit{fN}_{\rm cyc}r)$
- Sizeable effect in GW waveform requires $\exp(eta\omega u/4)\sim \mathcal{O}(10^2)$

$$\frac{\Delta\gamma}{\bar{\gamma}} > 0.1 \quad \Rightarrow \quad \alpha_{\rm H} \gtrsim 10^{-17} \cdot rH_0 \cdot \frac{\Lambda_3}{2\pi f} \alpha c_s^2$$

• Our calculation is valid when $\beta < 1$

$$lpha_{
m H} \lesssim rac{H_0}{f} \cdot N_{
m cyc} \cdot rH_0 \ , \ N_{
m cyc} \sim (GM_c f)^{-5/3}$$

 \bullet To neglect effect of NL, demands $(\Delta\gamma/\bar{\gamma})_{\textit{NL}}>0.1$

$$lpha_{
m H}\gtrsim rac{H_0}{f}(rH_0)^{1/3}$$

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$c_T^2 = 1$ from GW170817 & GRB170817A

$$\begin{array}{lll} \mathcal{L}_{c_{T}=1}^{\rm EFT} &=& \displaystyle \frac{M_{\rm Pl}^{2}}{2} f(t)^{(4)} R - \Lambda(t) - c(t) g^{00} + \displaystyle \frac{m_{2}^{2}(t)}{2} (\delta g^{00})^{2} - \displaystyle \frac{m_{3}^{3}(t)}{2} \delta \mathcal{K} \delta g^{00} \\ &+& \displaystyle \frac{\tilde{m}_{4}^{2}(t)}{2} \delta g^{00} ({}^{(3)}\!R - \delta \mathcal{K}_{2}) \end{array}$$

In the covariant theory

$$\mathcal{L}_{c_{T}=1} = G_{2}(\phi, X) + G_{3}(\phi, X) \Box \phi + B_{4}(\phi, X)^{(4)}R$$

$$- \frac{4}{X} B_{4,X}(\phi, X) (\phi^{\mu} \phi^{\nu} \phi_{\mu\nu} \Box \phi - \phi^{\mu} \phi_{\mu\nu} \phi_{\lambda} \phi^{\lambda\nu})$$

 $B_4 \equiv G_4 + XG_{5,\phi}/2$

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Summary of the results

EFT of DE operator	$\frac{1}{2}\tilde{m}_4^2\delta g^{00}\left(^{(3)}\!R+\delta K^{\nu}_{\mu}\delta K^{\mu}_{\nu}-\delta K^2\right)$	$m_3^3 \delta g^{00} \delta K$
GLPV theories with $c_{\mathcal{T}}=1$	$-\frac{2XB_{4,X}}{B_4}$	$\frac{2XB_{4,X}}{B_4} + \frac{\dot{\phi}XG_{3,X}}{2HB_4}$
$\mathcal{L} = \mathcal{G}_2 + \mathcal{G}_3 \Box \phi + \mathcal{B}_4 R - \frac{4\mathcal{B}_4 x}{X} \big(\phi^{;\mu} \phi^{;\nu} \phi_{;\mu\nu} \Box \phi - \phi^{;\mu} \phi_{;\mu\nu} \phi_{;\lambda} \phi^{;\lambda\nu} \big)$	B4	B ₄ ' 2HB ₄
Dimensionless function α_i	$\alpha_{\rm H}$	$\alpha_{\rm B}$
Perturbative decay ($\Gamma_{\gamma ightarrow \pi \pi}/H_0 > 1$)	$ lpha_{ m H} \gtrsim 10^{-10}$	Irrelevant ($ lpha_{ m B} \gtrsim 10^{10}$)
Narrow resonance $(eta < 1, \ eta \omega u > 1)$	$3 imes 10^{-20} \lesssim lpha_{ m H} \lesssim 10^{-17}$ with LIGO-Virgo	Not applicable
	$10^{-16} \lesssim \alpha_{\rm H} \lesssim 10^{-10}$ with LISA	(large non-linearities)
Instability ($eta>1,\ eta\omega>1$)	$ lpha_{ m H} \gtrsim 10^{-20}$	$ lpha_{ m B} \gtrsim 10^{-2}$

The surviving scalar-tensor theory: $g_{\mu
u}
ightarrow C(\phi, X)g_{\mu
u}$

$$\mathcal{L} = G_2(\phi, X) + C(\phi, X)R + \frac{6C_{,X}(\phi, X)^2}{C(\phi, X)}\phi^{;\mu}\phi_{;\mu\nu}\phi_{;\lambda}\phi^{;\nu\lambda}$$

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Here the Lagrangian is

$$\mathcal{L} = -rac{1}{2}\eta^{\mu
u}\partial_{\mu}\pi\partial_{
u}\pi - rac{1}{\Lambda_{
m B}^3}\Box\pi(\partial\pi)^2 + rac{\pi T}{2M_{
m Pl}}$$

• $\pi = \hat{\pi} + \delta \pi$, the EoM for $\hat{\pi}$ is

$$\mathcal{K} + 2\left(\mathcal{K}_{\mu\nu}\mathcal{K}^{\mu\nu} - \mathcal{K}^2\right) = \frac{T}{2M_{\mathrm{Pl}}\Lambda_{\mathrm{B}}^3}, \quad \mathcal{K}_{\mu\nu} = -\frac{1}{\Lambda_{\mathrm{B}}^3}\partial_{\mu}\partial_{\nu}\hat{\pi}$$

• The kinetic matrix reads: ${\cal L}_{\delta\pi}=Z^{\mu
u}\partial_\mu\delta\pi\partial_
u\delta\pi$

$$Z^{\mu\nu}\equiv-\frac{1}{2}\eta^{\mu\nu}-2\left(\mathcal{K}^{\mu\nu}-\eta^{\mu\nu}\mathcal{K}\right)$$

Nicolis and Rattazzi 04

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• In terms of $Z_{\mu
u}$ the EoM of $\hat{\pi}$ becomes

$$rac{1}{3}Z^2 - (Z_{\mu
u})^2 = rac{1}{3} - rac{T}{M_{
m Pl}\Lambda_{
m R}^3}$$

• For the non-relativistic source $v \ll 1$, the matrix $Z^{\mu\nu}$ is diagonalizable with a Lorentz boost, so that $Z^{\mu}_{\nu} = \text{diag}(z_0, z_1, z_2, z_3)$ and $T \simeq -\rho \leq 0$

• Consider the plane $z_0 = 0$ in z_i -space

$$-rac{1}{3}\left[(z_1-z_2)^2+(z_1-z_3)^2+(z_2-z_3)^2
ight]=rac{1}{3}+rac{
ho}{M_{
m Pl}\Lambda_{
m B}^3}$$

 \Rightarrow A solution crossing the plane doesn't exist

 \Rightarrow The initial stable solution ($Z^{\mu
u}=-\eta^{\mu
u}/2$) remains stable everywhere

- Cubic Gal. $(\partial \pi)^2 \Box \pi$ is inspired by the DGP model
- 5d gravity theory (∞ -extra dim) Bulk is Mink₅
- Two branches on the brane: self-accelerating and FRW (normal)

$$4M_4^2(R_{\mu\nu}-rac{1}{2}g_{\mu\nu}R)-4M_5^3(K_{\mu\nu}-g_{\mu\nu}K)=T_{\mu\nu}$$

- \Rightarrow Acceleration happens w/o cosmological constant
- \bullet The brane bending mode π becomes ghost in self-accelerating branch

Dvali, Gabadadze and Porrati 2000, Luty et al. 2003 and many others

DGP - Instability of π

- \bullet Study an instability of π in the presence of GWs
- Consider a curved 5*d* spacetime G_{MN} and $G_{MN} = \bar{G}_{MN} + H_{MN}$
- On the boundary, $S_{bdy} = S_{4dEH} + S_{In5dEH} + S_{In5dGF}$ and $H_{\mu\nu}| = h_{\mu\nu}$, $H_{\mu y}| = \partial_{\mu}\pi$, $H_{yy}| = -2\bar{\Delta}\pi$, $\bar{\Delta} = \sqrt{-\bar{D}^2}$

$$S^{(2)}_{\mathsf{bdy}} \supset M_5^3 \pi (ar{m{k}}^{\mu
u} ar{D}_\mu ar{D}_
u - ar{m{k}} ar{D}^2) \pi$$

neglecting $\bar{K}h^2$, $\bar{K}h\bar{\bigtriangleup}\pi$ at high energy limit

 \Rightarrow In the presence of GWs bg. $\bar{G}_{\mu\nu}$, the instability of π is solely determined by $\bar{K}_{\mu\nu} \sim \bar{\Delta} \bar{G}_{\mu\nu} + \nabla_{\mu} N_{\nu}$

How large is this new piece ?

Dark energy instabilities induced by gravitational waves

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in progress

DGP - Modification of Green function

• To tackle this problem, let's consider a propagator of a massless scalar field on the brane

$$G_E(p)\sim rac{1}{p^2+2\kappa oldsymbol{p}} \ , \quad oldsymbol{p}=\sqrt{p_4^2+oldsymbol{p}^2}$$

The linear in p is due to the induced action on the brane.

• The y-derivative of Lorentzian Green function in terms of (ω, r) is

$$\partial_y G(\omega, r) \sim \kappa G(\omega, r) + \frac{\omega^2}{(\omega r)^{3/2}} e^{-i\omega r}$$

 \Rightarrow Both terms are suppressed in the limit $\omega r \gg 1$

Any other example where the modification of propagator is sizeable ?

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Canonical normalizations

$$\pi_{c} \equiv \sqrt{\alpha} M_{\rm Pl} H \pi , \qquad \gamma_{ij}^{c} \equiv \frac{M_{\rm Pl}}{\sqrt{2}} \gamma_{ij} . \tag{1}$$
$$\alpha \equiv \frac{4 M_{\rm Pl}^{2} (c + 2m_{2}^{4}) + 3m_{3}^{6}}{2 M_{\rm Pl}^{4} H^{2}} \tag{2}$$

$$c_s^2 = \frac{2}{\alpha} \left[(1 + \alpha_{\rm H})^2 \frac{c}{M_{\rm Pl}^2 H^2} + \alpha_{\rm H} + \alpha_{\rm H} (1 + \alpha_{\rm H}) \frac{\dot{H}}{H^2} \right]$$
(3)

 α_B : scalar-gravity mixing, α_H : scalar-matter mixing.

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$$g_{\mu\nu} \to C(\phi, X)g_{\mu\nu} + D(\phi, X)\partial_{\mu}\phi\partial_{\mu}\phi$$
 (4)

- Horn is preserved under this transf. with $C(\phi)$ and $D(\phi)$
- If $D = D(\phi, X) \implies$ Beyond Horn. which is preserved under this with $C(\phi)$ and $D(\phi, X)$
- If $C = C(\phi, X) \implies \mathsf{DHOST}$

Beyond Hondeski structure is preseved under disformal tranf. $g_{\mu\nu} \rightarrow C(\phi)g_{\mu\nu} + D(\phi, X)\partial_{\mu}\phi\partial_{\mu}\phi$. Once we perform this field redefinition (the disformal coefficient *D* depends on derivative of ϕ) we obtain a kinetic mixing between scalar and matter: $\alpha_{\rm H}$

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$$\begin{split} M^2 &\equiv M_*^2 f + 2m_4^2 = 2G_4 - 4XG_{4,X} - X \left(G_{5,\phi} + 2H\dot{\phi}G_{5,X} \right) + 2X^2 F_4 - 6H\dot{\phi}X^2 F_5 , \\ m_4^2 &= \tilde{m}_4^2 + X^2 F_4 - 3H\dot{\phi}X^2 F_5 , \\ \tilde{m}_4^2 &= -\left[2XG_{4,X} + XG_{5,\phi} + \left(H\dot{\phi} - \ddot{\phi} \right) XG_{5,X} \right] , \\ m_5^2 &= X \left[2G_{4,X} + 4XG_{4,XX} + H\dot{\phi} (3G_{5,X} + 2XG_{5,XX}) + G_{5,\phi} \right. \\ &\quad + XG_{5,X\phi} - 4XF_4 - 2X^2 F_{4,X} + H\dot{\phi}X \left(15F_5 + 6XF_{5,X} \right) \right] , \\ m_6 &= \tilde{m}_6 - 3\dot{\phi}X^2 F_5 , \\ \tilde{m}_6 &= -\dot{\phi}XG_{5,X} , \\ m_7 &= \frac{1}{2}\dot{\phi}X \left(3G_{5,X} + 2XG_{5,XX} + 15XF_5 + 6X^2 F_{5,X} \right) . \end{split}$$

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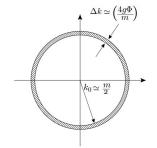
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The narrow resonance

• Boltzmann equation: $\phi \to \chi \chi$

$$\frac{1}{a^3} \frac{d(a^3 n_{\chi})}{dt} = \frac{2}{V} \Gamma_{\phi \to \chi \chi} [(n_k^{\chi} + 1)(n_{-k}^{\chi} + 1)n_0^{\phi} - n_k^{\chi} n_{-k}^{\chi}(1 + n_0^{\phi})] \\ \simeq 2\Gamma_{\phi \to \chi \chi} n_{\phi}(1 + 2n_k^{\chi})$$

$$n_{k=m/2}^{\chi} \simeq \frac{n_{\chi}}{(4\pi k_0^2 \Delta k)/(2\pi)^3} \simeq \frac{\pi^2 \Phi}{g} \frac{n_{\chi}}{n_{\phi}}$$
$$n_{\chi} \propto \exp(\frac{\pi^2 g \Phi}{m^2} N) \propto \exp(2\pi \mu_B N)$$
$$N = mt/2\pi \ , \ \mu_B \equiv \frac{\pi g \Phi}{2m^2}$$



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