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17 August 2020

Based on work by  
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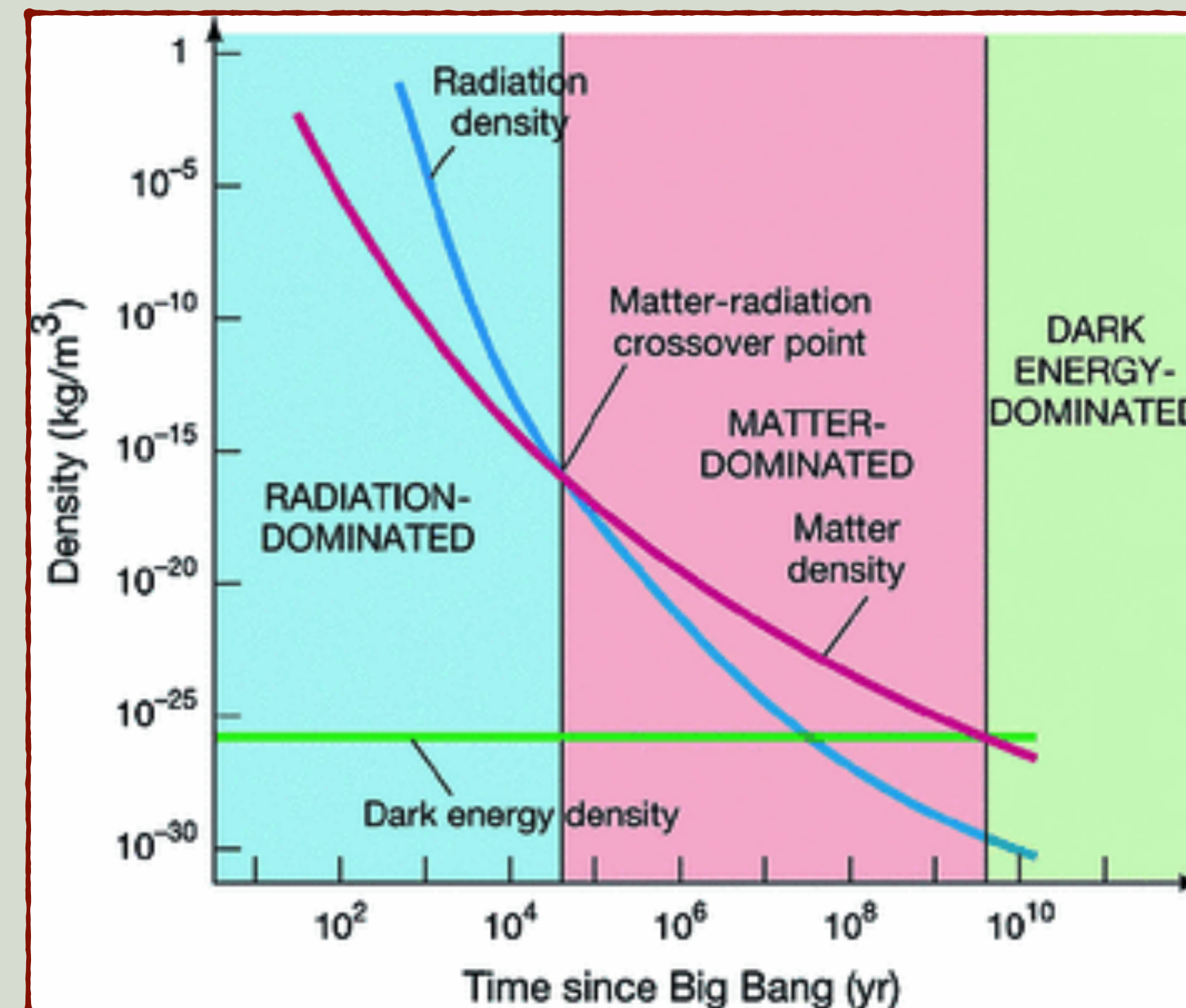
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# Phase Transitions in an Expanding Universe: Stochastic Gravitational Waves in Standard and Non-Standard Histories

# Introduction

- Standard view of cosmology suggests RDE -> MDE -> Today
- Theoretical motivation for a modified expansion history
- Gravitational waves produced during PT
- Typically assumed PT happened during RDE with equations in Minkowski spacetime
- Sound Shell model (Hindmarsh 2019) provides the best model for the acoustic GWs
- Equations in an expanding universe can be rescaled to have Minkowski form
- Suppression in GW spectrum not seen before

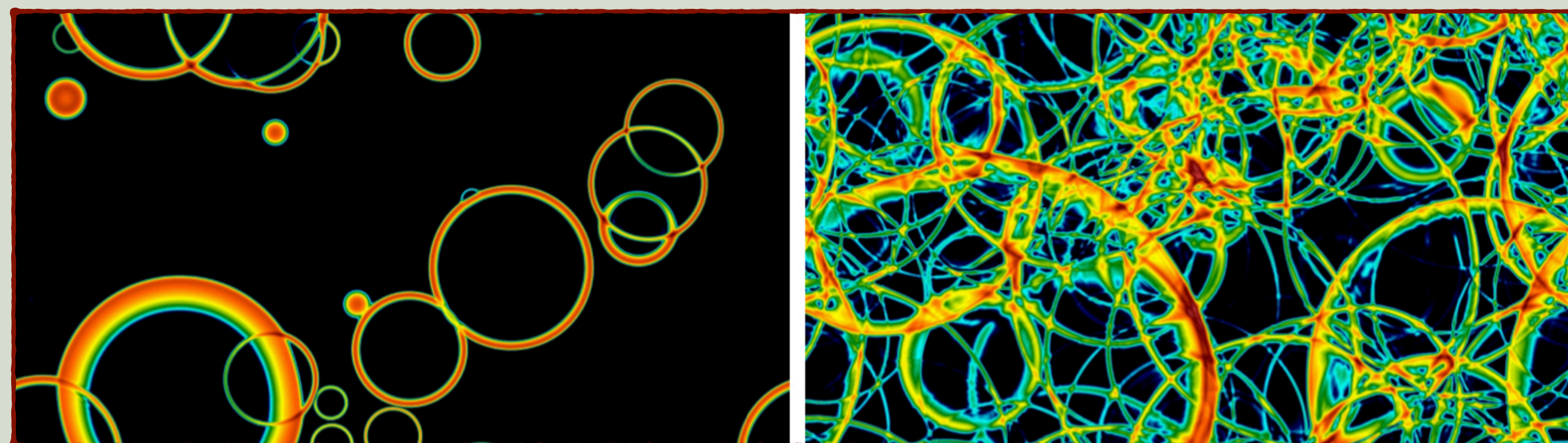
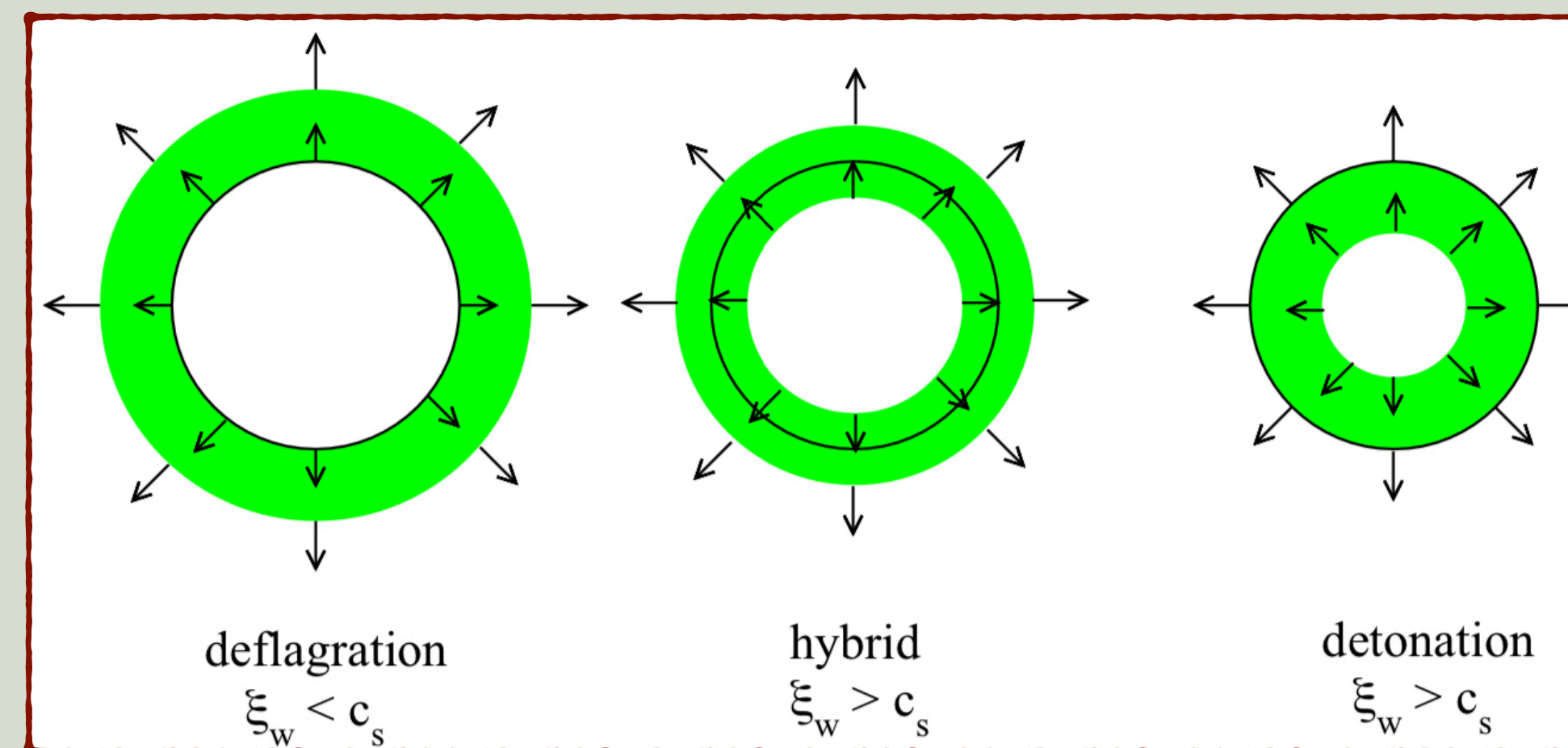
De Angelis A., Pimenta M. (2018)



# Acoustic Gravitational Waves

arXiv:1004.4187

- Important source of GWs
- Colliding sound shells
- Compression waves surrounding the expanding bubbles of the stable phase propagate long after the phase transition
- Computable from relativistic hydrodynamics
- Detectable at LISA



arXiv:1705.01783

# Gravitational Waves in Expanding Universe

- FLRW metric:  $ds^2 = -dt^2 + a^2(\delta_{ij} + h_{ij}(\mathbf{x}))d\mathbf{x}^2$
- Conformal time:  $dt = a d\eta$
- GW sourced by T.T. part of perturbed energy momentum tensor
- Einstein equation describes time evolution of each Fourier component of GWs
- Solve by method of Green's function

$$h''_q + 2\frac{a'}{a}h'_q + q^2h_q = 16\pi G a^2 \pi_q^T \longrightarrow \mathcal{P}_{GW} = \frac{d\Omega_{GW}}{d \ln k} = \frac{1}{24\pi^2 H^2} k^3 P_h(t, k)$$

# Spectral Density of $\dot{h}$

$$\langle \dot{h}_{ij}(t, \mathbf{q}_1) \dot{h}_{ij}(t, \mathbf{q}_2) \rangle = (2\pi)^3 \delta^3(\mathbf{q}_1 + \mathbf{q}_2) P_{\dot{h}}(q_1, t)$$

$$h'_{ij}(\eta, \mathbf{q}) = (16\pi G) \int_{\tilde{\eta}_0}^{\tilde{\eta}} d\tilde{\eta}' \frac{\partial G(\tilde{\eta}, \tilde{\eta}')}{\partial \tilde{\eta}} \frac{a^2(\eta') \pi_{ij}^T(\eta', \mathbf{q})}{q}$$

- Average over the random processes generating the GWs
- GW power spectrum depends on 2 point correlator of the T.T. energy momentum tensor
- Model correlator with Sound Shell model
- $G(\tilde{\eta}, \tilde{\eta}')$  determined by expansion history

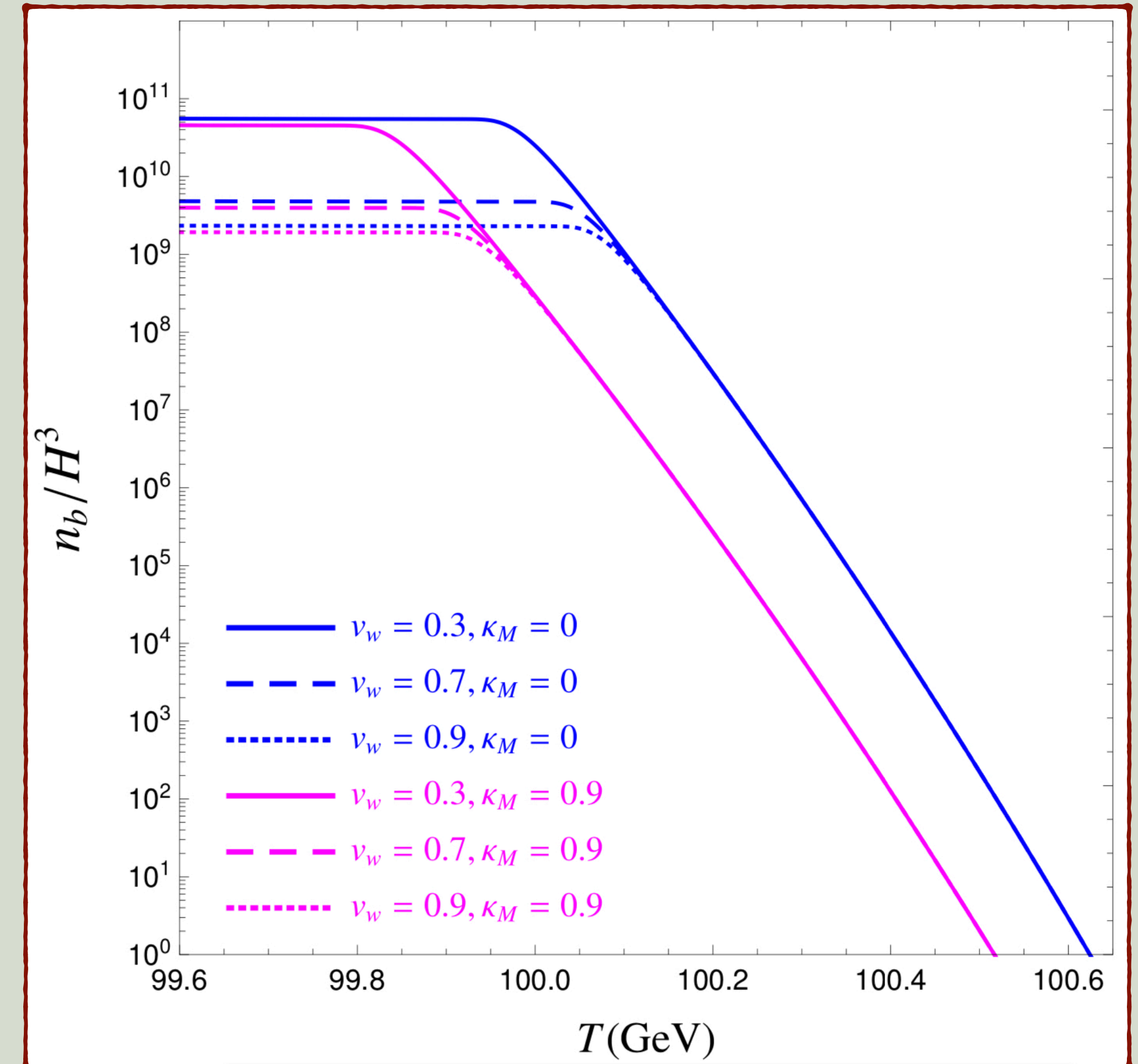
# Bubble Number Density

- Evolution of  $N_b/V$

$$\frac{d [n_b a^3(t)]}{dt} = p(t) g(t_c, t) a^3(t)$$

- Nucleation temperature found when  $n_b/H^3 = 1$
- Analytical approximation often used using RDE

$$\frac{S_3(T_n)}{T_n} \sim 140$$

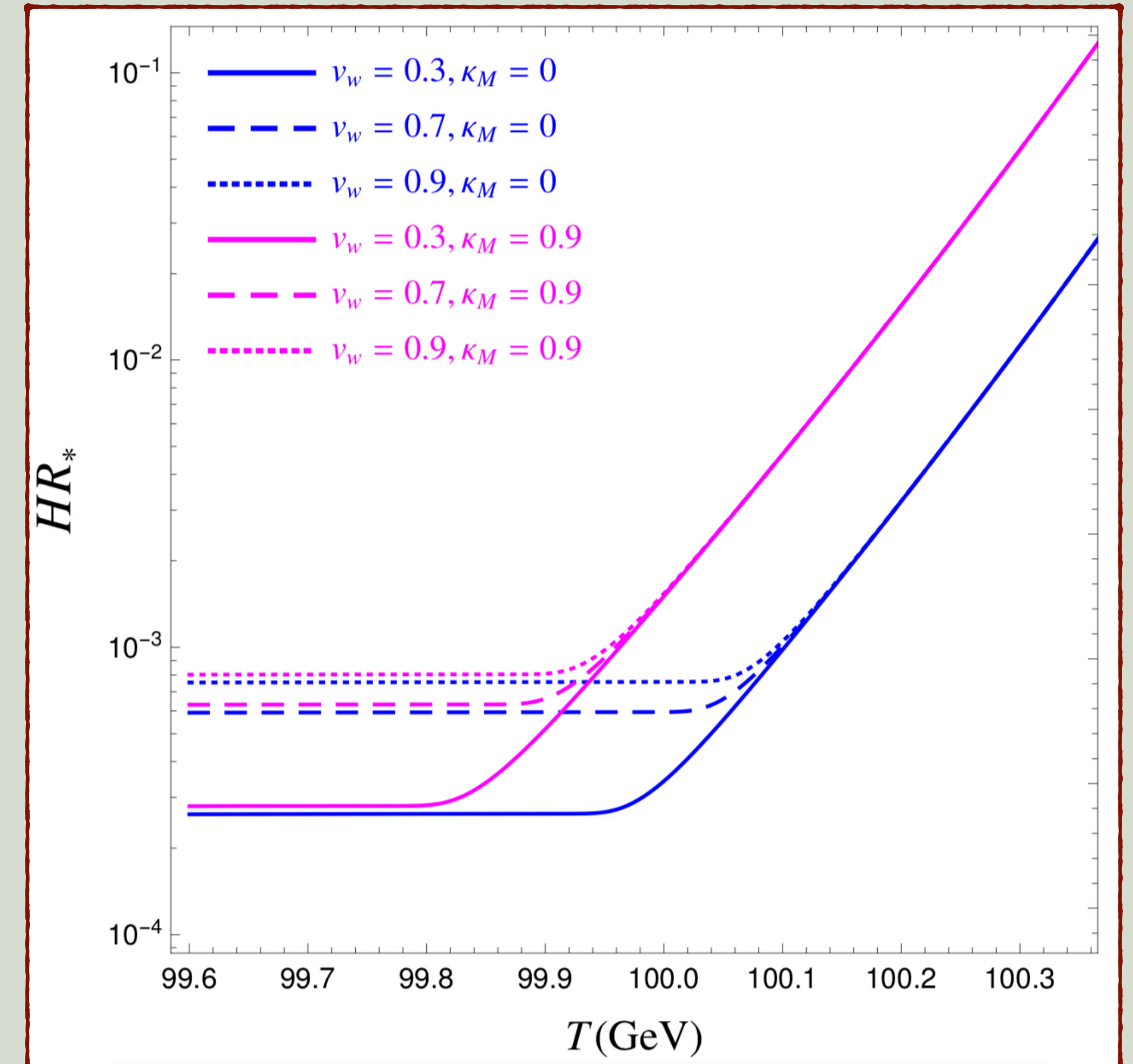


# Mean Bubble Separation and Inverse Time Duration

- Peak frequency given by  $R_*$  [1,2]
- Asymptotic value after bubbles have disappeared
- $R_{*c} = 1/n_{b,c}^3$  at  $T_f$  when  $g = e^{-1}$
- Analytically given in Minkowski spacetime [3]

$$R_* = \frac{(8\pi)^{1/3} v_w}{\beta(v_w)}$$

- Satisfied in comoving coordinates  $\beta \rightarrow \beta_c$  and  $R_* \rightarrow R_{*c}$
- 2% deviation in  $\beta$  from  $S_3$



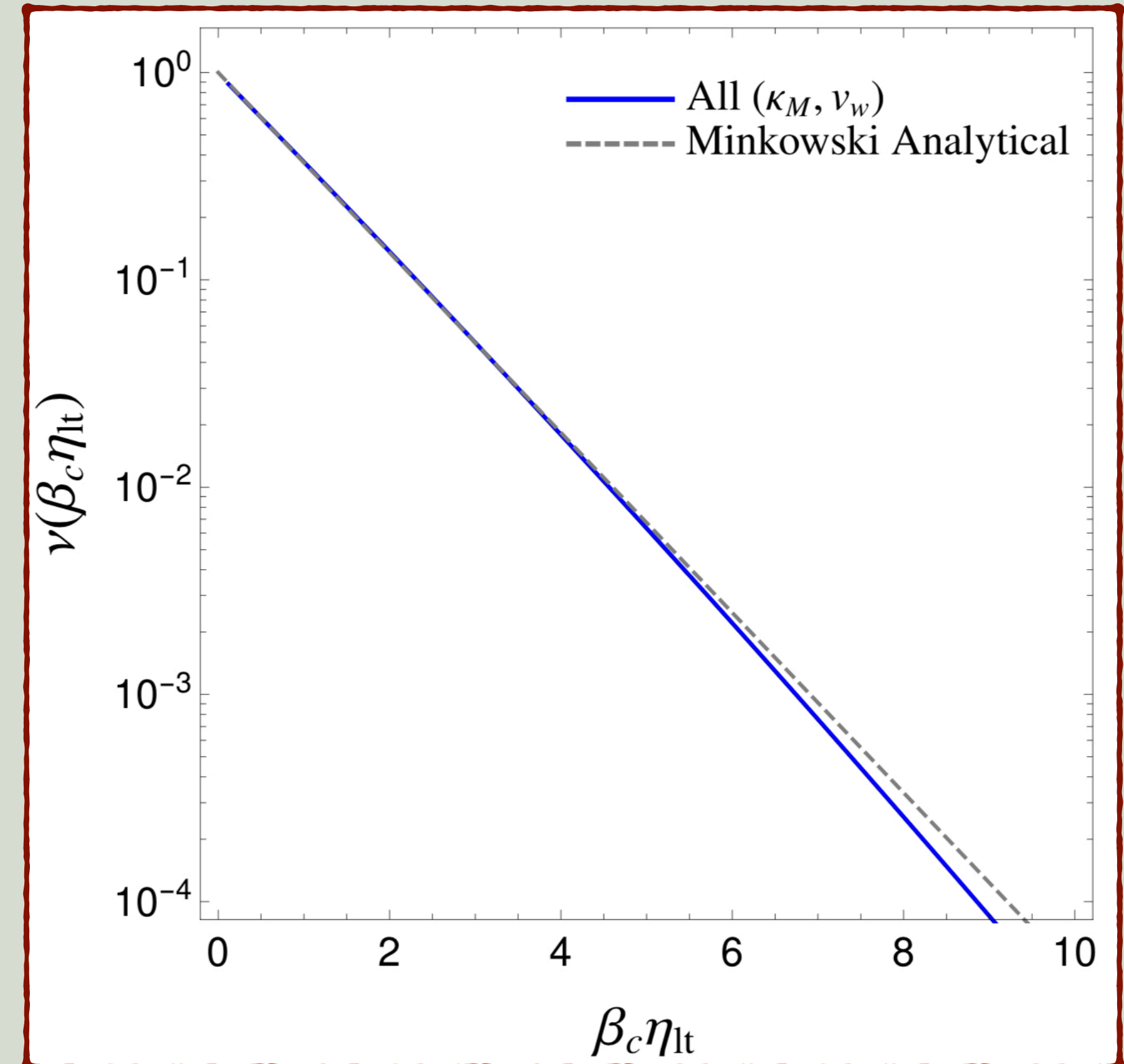
# Bubble Lifetime Distribution

- Distribution of bubble lifetime for all the bubbles ever formed and destroyed during the entire process of the phase transition.
- Derived analytically in Minkowski spacetime [1]

$$\nu(\tilde{T}) \propto e^{-\tilde{T}} \text{ or } \tilde{T}^2 e^{-\tilde{T}^3}$$

- Related to the time  $n_{b,c}(r) \big|_{t_f}$  becomes a constant
- Expanding universe

$$\begin{aligned} \tilde{n}_{b,c}(\eta_{lt}) &= v_w \int_{t_c}^{t_f} dt' p(t') a^3(t') \mathcal{A}_c(t(t', v_w \eta_{lt})) \\ &= \frac{\beta_c}{R_{*c}^3} \nu(\beta_c \eta_{lt}) \end{aligned}$$





# Fluid Velocity Field

- Dominate source of GWs is the local velocity field from the sound waves in plasma as bubbles propagate and interact with surrounding fluid
- Fluid velocity field is the linear superposition of single-bubble contributions (Sound Shell Model)
- E.O.M of fluid same as Minkowski spacetime in expanding universe with  $v = v(\eta)$
- Computed from the convolution of power spectrum sourced by the velocity field
- Sound Shell Model → Velocity power spectrum

$$\begin{array}{ccc}
 \text{Before collision} & & \text{After collision} \\
 v^i(\eta < \eta_c, \mathbf{x}) = \frac{1}{2} \int \frac{d^3q}{(2\pi)^3} \left[ \tilde{v}_{\mathbf{q}}^i(\eta) e^{i\mathbf{q}\cdot\mathbf{x}} + \tilde{v}_{\mathbf{q}}^{i*}(\eta) e^{-i\mathbf{q}\cdot\mathbf{x}} \right] & & v^i(\eta > \eta_c, \mathbf{x}) = \int \frac{d^3q}{(2\pi)^3} \left[ v_{\mathbf{q}}^i e^{-i\omega\eta + \mathbf{q}\cdot\mathbf{x}} + v_{\mathbf{q}}^{i*} e^{i\omega\eta - i\mathbf{q}\cdot\mathbf{x}} \right]
 \end{array}$$

# Velocity Spectral Density

- Velocity field, after most bubbles collide, is obtained by adding all the individual bubble contributions
- Velocity profile becomes initial condition for freely propagating sound waves
- Total number of bubbles nucleated within a Hubble volume with co-moving size  $V_c$  is  $N_b$
- Velocity field follows a Gaussian distribution to a good approximation

$$v_{\mathbf{q}}^i = \sum_{n=1}^{N_b} v_{\mathbf{q}}^{i(n)}$$

- Randomness removed by doing an ensemble average

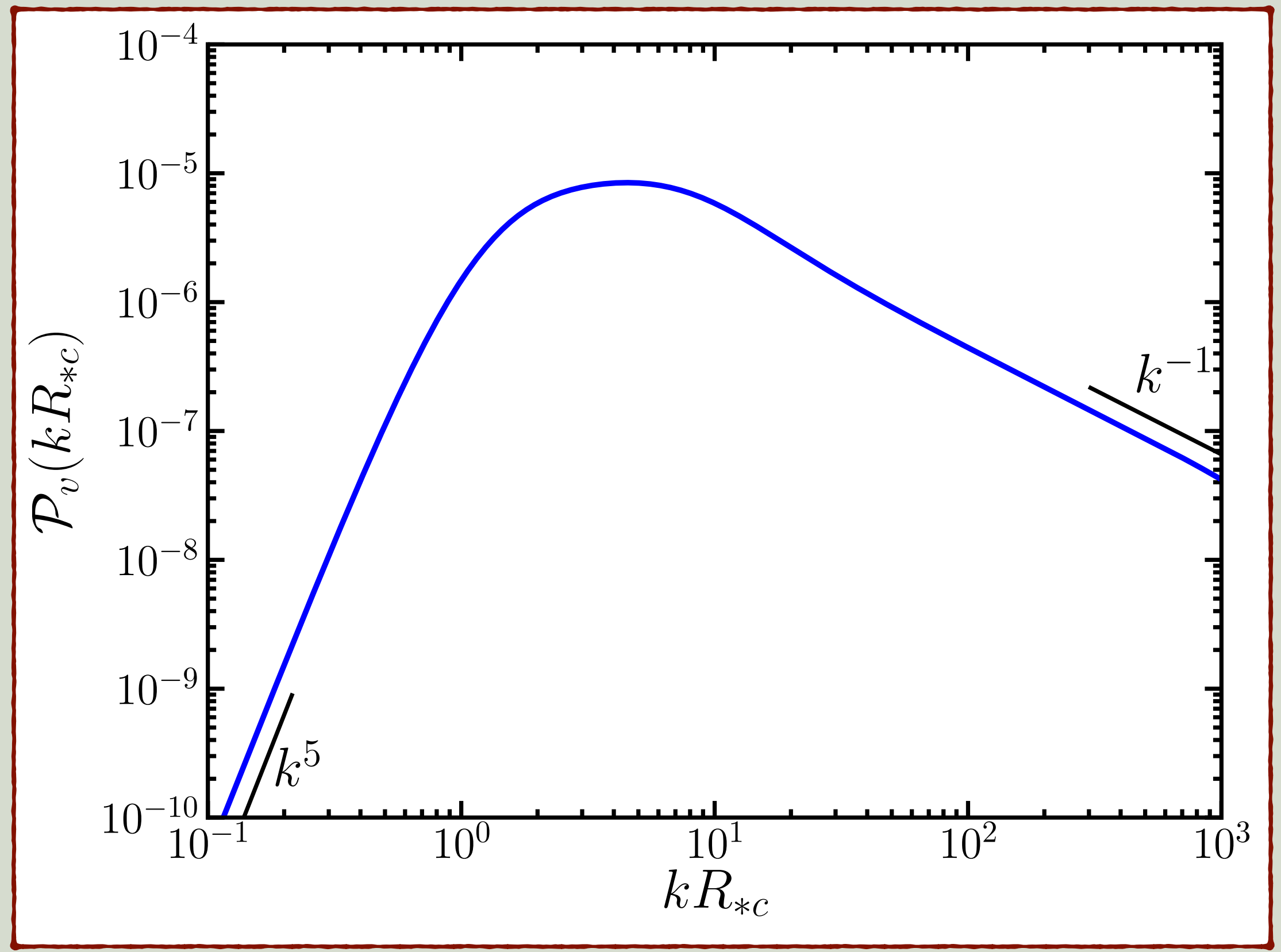
$$\langle v_{\mathbf{q}}^i v_{\mathbf{q}}^{j*} \rangle = \hat{q}^i \hat{q}^j (2\pi)^3 \delta^3(\mathbf{q}_1 - \mathbf{q}_2) \underbrace{\frac{1}{R_{*c}^3 \beta_c^6} \int d\tilde{T} \tilde{T}^6 \nu(\tilde{T}) \left| A \left( \frac{q\tilde{T}}{\beta_c} \right) \right|^2}_{\equiv P_\nu(q)}$$

# Dimensionless Velocity Power Spectrum

- $\mathcal{P}_v$  should go as  $k^5$  and  $k^{-1}$
- Contains information on the shape of fluid shells, fluid shell thickness, wall speed, and peak amplitude

$$\mathcal{P}_v = 2 \frac{(qR_{*c})^3}{2\pi^2 R_{*c}^3} P_v(qR_{*c})$$

$$\beta_c = (8\pi)^{1/3} \frac{v_w}{R_{*c}}$$



$$\alpha_n = 0.0046, v_w = 0.92, a = 1$$



# Einstein Equation

$$y(\eta) = a(\eta)/a_s$$

$$(\kappa_M y + 1 - \kappa_M) \frac{d^2 h_q}{dy^2} + \left[ \frac{5}{2} \kappa_M + \frac{2(1 - \kappa_M)}{y} \right] \frac{dh_q}{dy} + \tilde{q}^2 h_q = \frac{16\pi G a(y)^2 \pi_q^T(y)}{(a_s H_s)^2}$$

$$\kappa_m = 0$$

$$G(\tilde{y}, \tilde{y}_0) = \frac{\tilde{y}_0 \sin(\tilde{y} - \tilde{y}_0)}{\tilde{y}}$$

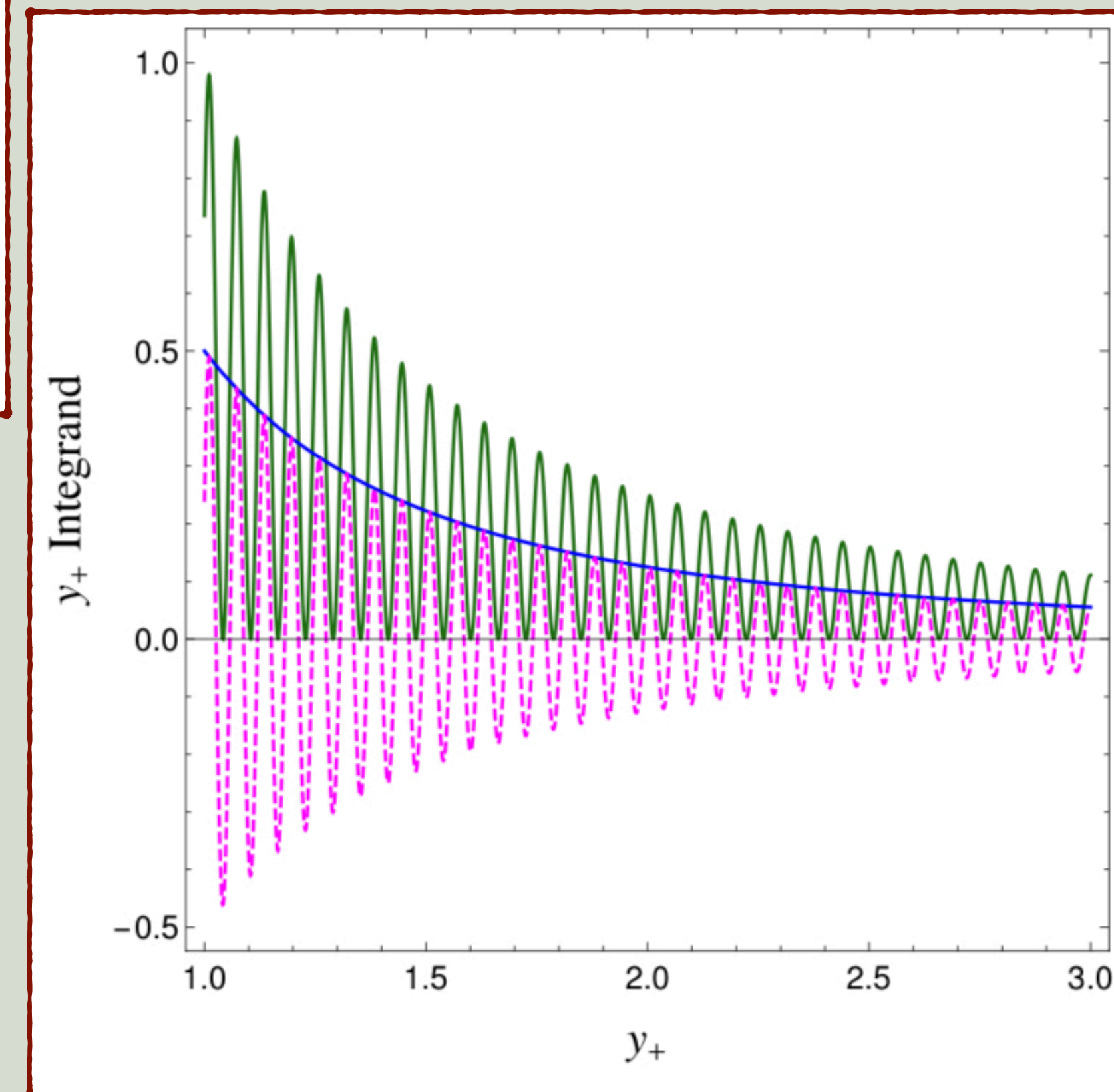
$$0 < \kappa_m < 1$$

$$G(\tilde{y}, \tilde{y}_0) = \frac{(\lambda \lambda_0 + 1) \sin(\lambda - \lambda_0) - (\lambda - \lambda_0) \cos(\lambda - \lambda_0)}{\lambda^3/2}$$

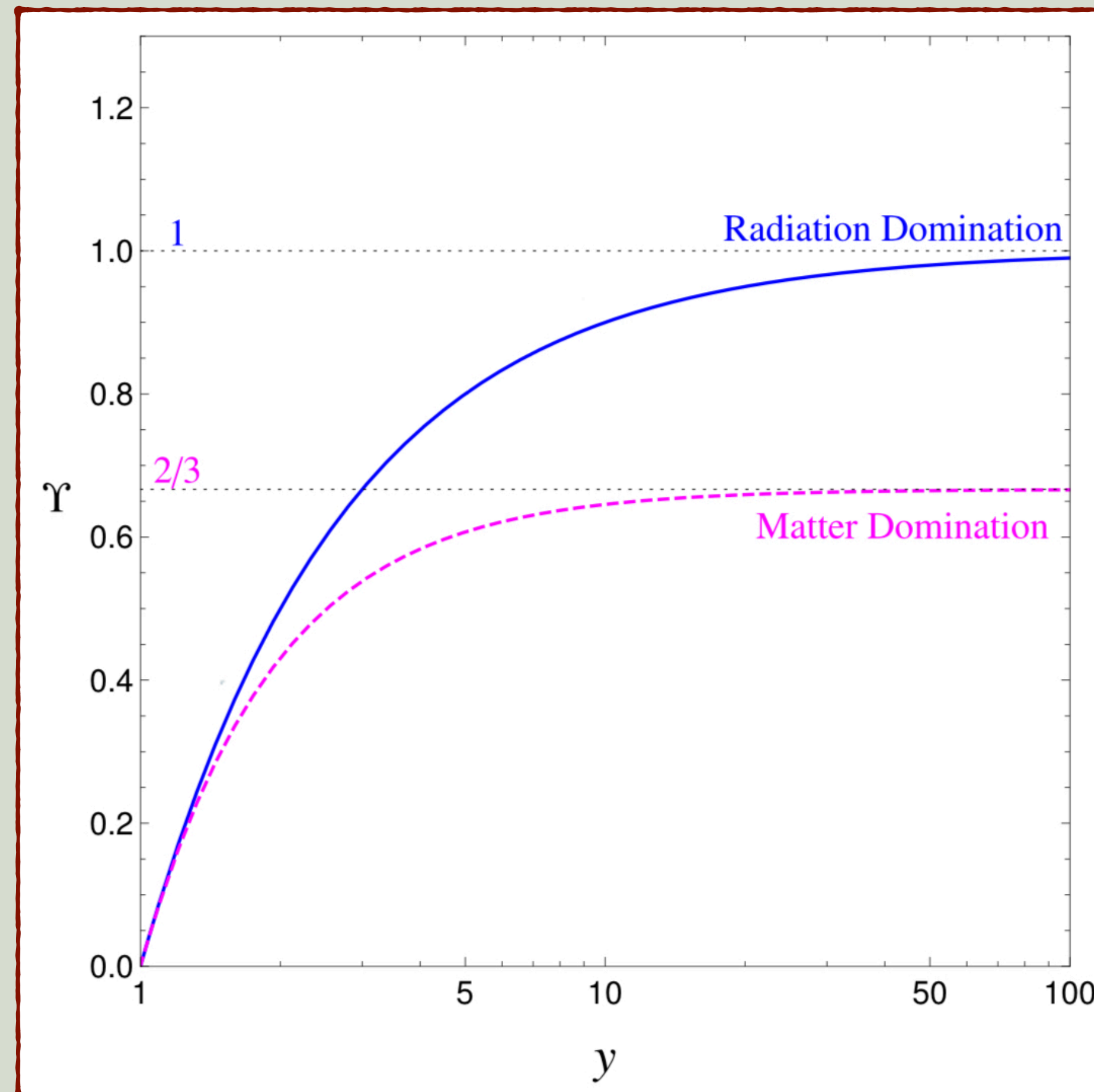
# GW Spectral Density

$$P_{h'} = [16\pi G (\bar{\epsilon} + \bar{p}) \bar{U}_f^2]^2 L_f^3 \int_{\tilde{y}_s}^{\tilde{y}} d\tilde{y}_1 \int_{\tilde{y}_s}^{\tilde{y}} d\tilde{y}_2 \left( \frac{\partial \tilde{y}}{\partial \tilde{\eta}} \right)^2 \frac{\partial G(\tilde{y}, \tilde{y}_1)}{\partial \tilde{y}} \frac{\partial G(\tilde{y}, \tilde{y}_2)}{\partial \tilde{y}} \\ \times \frac{a_s^8}{a^2(\tilde{y}_1) a^2(\tilde{y}_2)} \frac{\tilde{\Pi}^2(kL_f, k\eta_1, k\eta_2)}{k^2}.$$

- Expansion history in partial derivative terms  $\tilde{y}$  and  $G(\tilde{y}, \tilde{y}_{1,2})$
- Velocity Power Spectrum
- Neglect oscillatory terms in  $y_+$  integrand
- Suppression factor from  $y_+$  integrand



# Suppression Factor



$$\left[ \int dy_+ \cdots \right] = \frac{1}{2} \Upsilon(y) \cos(\tilde{k}y_-)$$

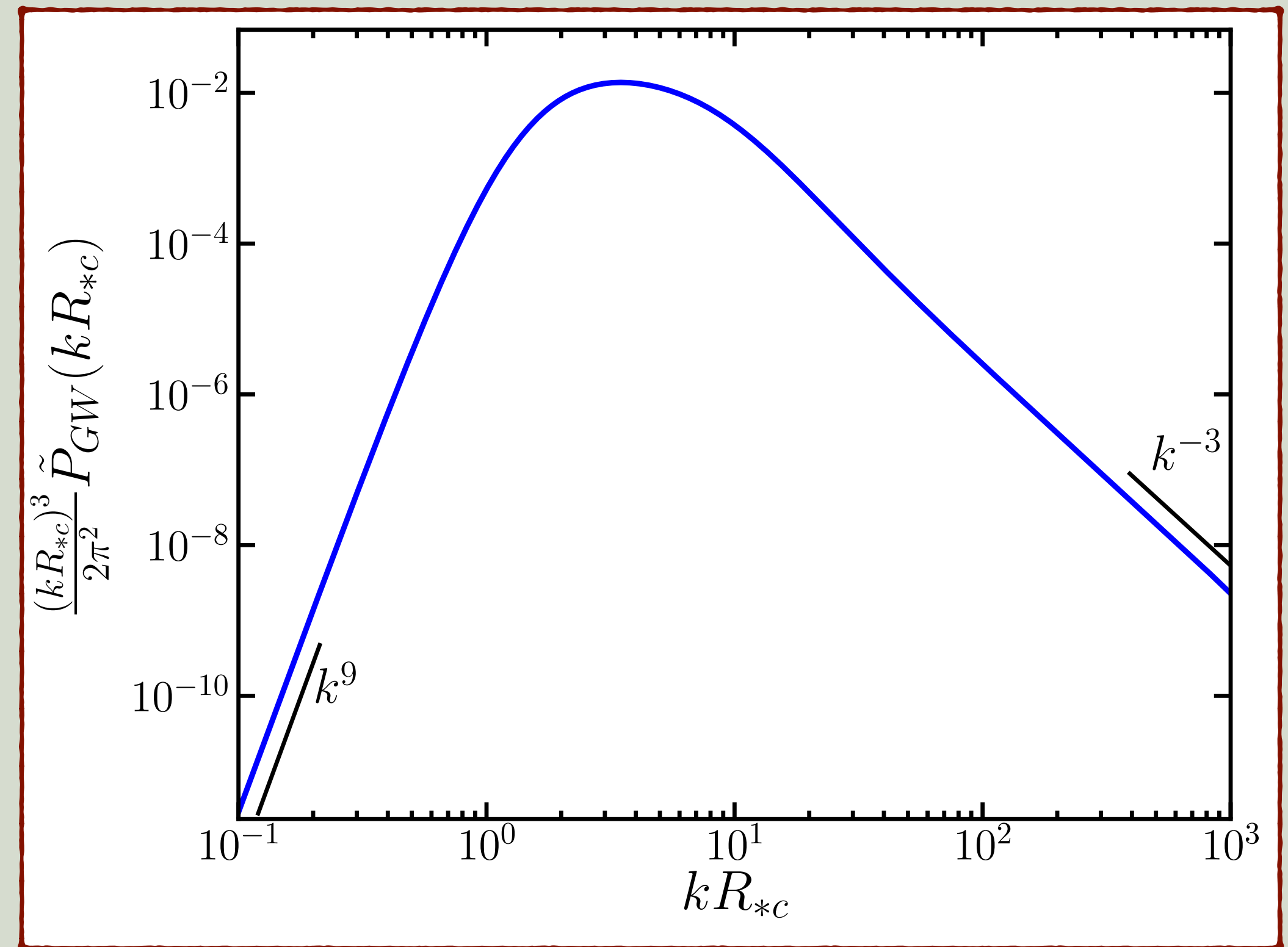
If the asymptotic value can be reached depends on how long the source lasts

# Suppression in GW Power Spectrum

- $\mathcal{P}_{GW}$  should go as  $k^9$  and  $k^{-3}$
- Minkowski form
- $\Upsilon(y)$  suppression factor dependent on cosmological history

$$\mathcal{P}_{GW}(y, kR_{*c}) = 3\Gamma^2 \bar{U}_f^4 (H_s a_s R_{*c}) \frac{(kR_{*c})^3}{2\pi^2} \tilde{P}_{gw}(kR_{*c}) \times$$

$$\Upsilon(y) \begin{cases} 1 \\ \frac{(1 - \kappa_m)^2}{\kappa_m y + 1 - \kappa_m} \end{cases}$$



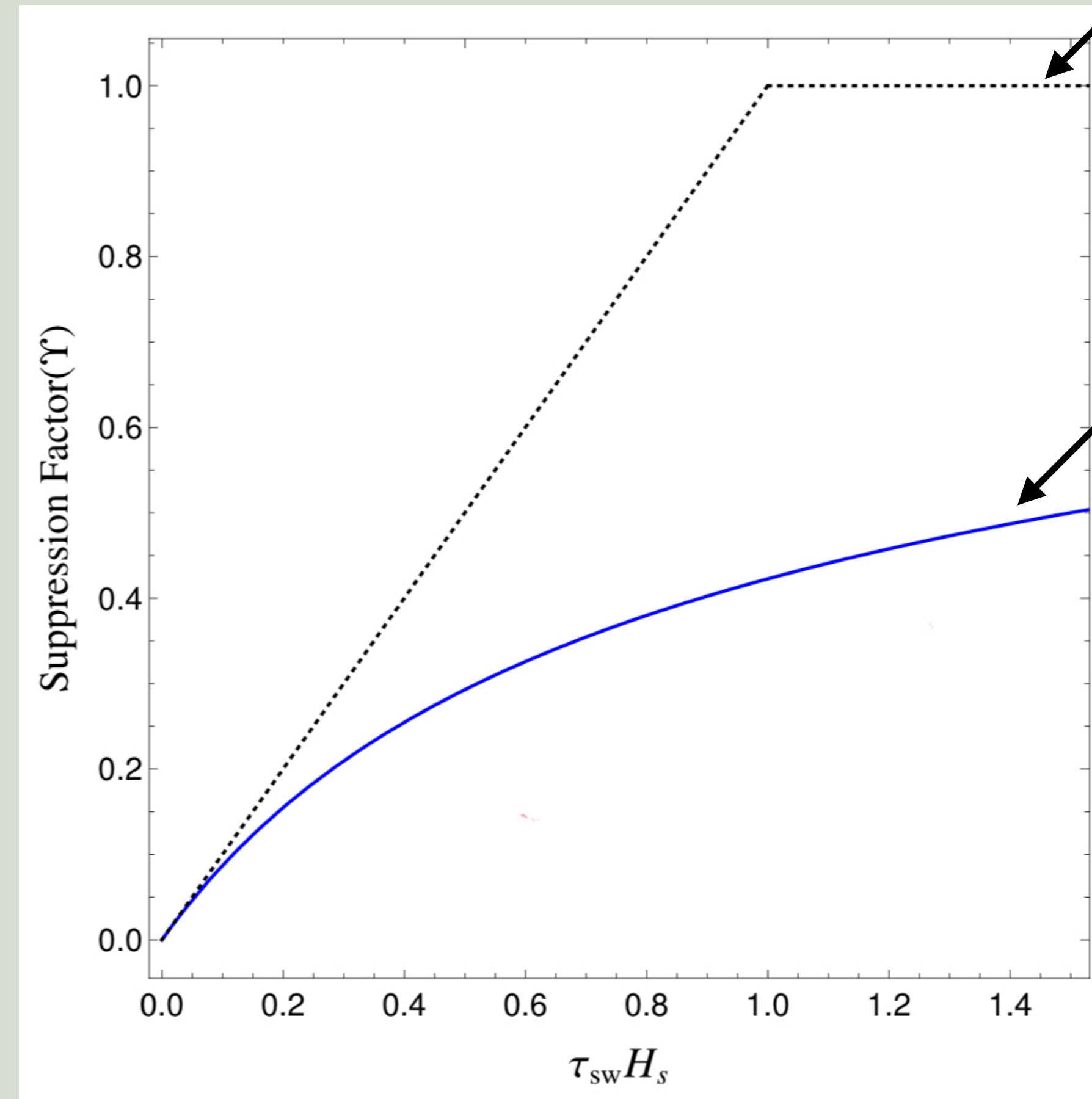
$$\alpha_n = 0.0046, v_w = 0.92, a = 1$$

# Lifetime of the Source

arXiv:1903.09642v3

- Asymptotic value  $\Upsilon^{RD} \rightarrow 1$  after many Hubble times
- Hard to reach due to non-linear shocks and turbulence which disrupts sound wave source

$$\tau_{sw} H_S \approx \frac{H_S R_*}{\bar{U}_f}$$



$$\Upsilon^{RD} = 1 - \frac{1}{\sqrt{1 + 2\tau_{sw} H_S}}$$

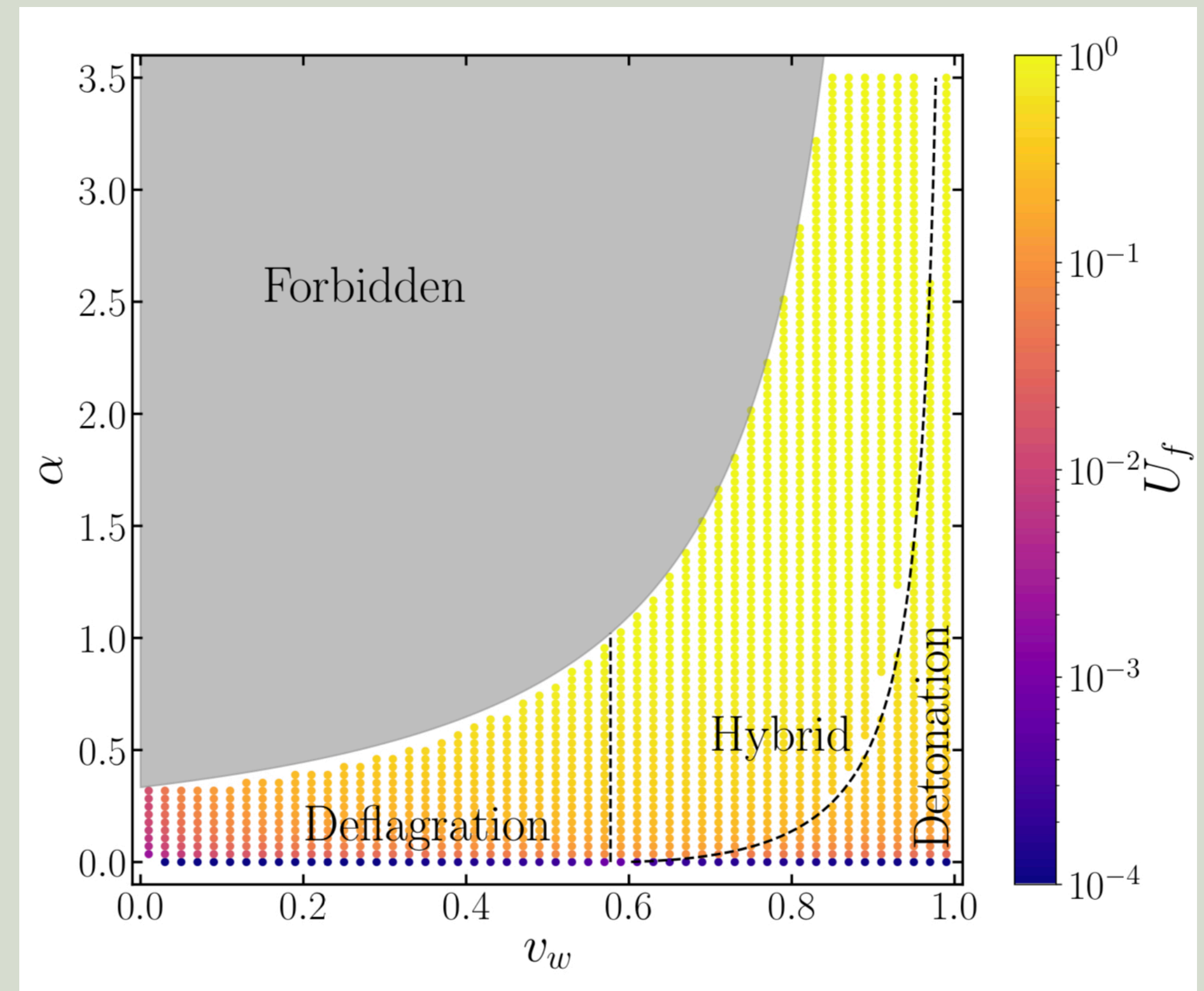


# Peak Gravitational Waves Today

RDE

$$h^2 \Omega_{GW} = 8.5 \times 10^{-6} \left( \frac{100}{g_s(T_e)} \right) \Gamma^2 \bar{U}_f^4 \left[ \frac{H_s}{\beta(v_w)} \right] v_w \times \Upsilon$$

- Adiabatic index:  $\Gamma \sim 4/3$
- D.O.F of entropy when GW production ends:  $g_s(T_e)$
- $\beta$  from  $R_*$  or  $\frac{d(S_3/T)}{dT}$



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# Conclusion

- Detailed analysis of PTs in an expanding universe
- Sound Shell model can be used to calculate the GW spectrum for various cosmological histories
- Suppression found in spectrum
- Change in spectral form for early MDE vs RDE